



BERMAGUI SLSC COMMUNITY NEWS

# THE SUNKEN ANCHOR

20 October 2016

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## Nippers Starts This Weekend

### Nippers Schedule

The Nippers proficiency swim will be held this Sunday, 23<sup>rd</sup> October at Cobargo Pool at 10 am. Ocean sessions start on Sunday, 30<sup>th</sup> October at Horseshoe Bay. The full season schedule is now available at:

<http://www.bermaguistslsc.org.au/nippers>

Remember that the water trampoline will be out at Nippers whenever we can and you need to be a member to use it!

### Clubbie of the Day

New this season at Nippers will be the "Clubbie of the Day" Award. It will be awarded at each session to one young Nipper in every age group. The award isn't about the best surf skills but about recognising those who go the extra mile for our Club. Things like helping with set up, encouraging their team mates, helping out the younger kids, helping to clean equipment and put it away after training are all the kinds of things that make a great "Clubbie".

We'll bring you the names of all the "Clubbie's of the Day" in the newsletter during the season.

### Bronze Proficiency

Bronze Proficiency is being held for all active patrollers on the following dates:

Sunday, 6th November  
Sunday, 20th November

The sessions will be held from 8:30 to 10:30 am with indoors skills first followed by the Run-Swim-Run and rescue.

If you're able to stay afterwards and help with Nippers water safety the extra hands would be much appreciated as we're running our Bronze course those days as well.

### 2016-17 Season Rego

We had a great turnout to REGO Day last Sunday, thanks to everyone who came down.

If you haven't yet renewed your membership for this season, you can do so online. Instructions for new and renewing members are on our website at:

<http://www.bermaguistslsc.org.au/members>



### Bronze Course Sold Out

The spring 2016 combined Bronze Medallion & Surf Rescue Certificate course is sold out  
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### Upcoming Functions

We have some dates coming up where we need volunteers who have their RSA Accreditation.  
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# Upcoming Training

## Bronze Medallion

The combined Bronze Medallion/SRC course starting on 27<sup>th</sup> October is now sold out. We're have a waiting list and will be running another course in the new year, most likely starting in February. If you're interested in the new course email us at [bermisurfclub@gmail.com](mailto:bermisurfclub@gmail.com) and we can hold a spot for you.

## Other Courses

Other courses on offer at the moment are an IRB Crew Certificate, Advanced Resuscitation, and a combined Silver Medallion Beach Management/ Spinal Management. They're all being run by Far South Coast Branch and you can email us at [bermisurfclub@gmail.com](mailto:bermisurfclub@gmail.com) to book a spot

## HLTAID003 Provide first aid

The Australian Lifeguard Service will be holding a one-day first aid course at Bermagui Surf Club on Saturday, 12<sup>th</sup> November. They've generously offered us 2 spots free of charge. If you'd like to take the course email [bermisurfclub@gmail.com](mailto:bermisurfclub@gmail.com) by Wednesday, 25<sup>th</sup> October. Spots will be allocated on a first-come, first-served basis.



## THE SUNKEN ANCHOR QUIZ

1. In which city is the Ponte Vecchio bridge?
2. Which band released the album Beggars Banquet in 1968?
3. Carnarvon Gorge is in which Australian state or territory?
4. What repulsive force is the universe's predominant component?
5. Which French Formula One driver was known as The Professor?
6. What is the windiest continent on Earth?
7. Which two letters of the alphabet have a diacritic mark?
8. What songs with the same title were hits for Adele in 2015 and Lionel Richie in 1983?
9. Apart from humans, what is the only known predator of the blue whale?
10. Which Australian's Test batting average was briefly over 100 in February (2016)?

# RSA Volunteers Needed

## Upcoming Functions

We have several functions coming up where we need some help from volunteers who have their Responsible Service of Alcohol Accreditation (RSA). If we get enough people the shifts can be fairly short. Can you please text Neil at 0427-830-574 or email [bermisurfclubfunctions@gmail.com](mailto:bermisurfclubfunctions@gmail.com) if you're able to help on any of the following dates and times:

Saturday, 5<sup>th</sup> November  
Noon to 3:00 pm  
3:00 pm to 6:00 pm

Sunday, 1<sup>st</sup> January  
6:00 pm

The wedding last weekend went smoothly and a big thank you to William Vaughan-Smith and Rob Shaw who helped Neil out with the bar.



## AROUND THE CLUB

## Patrol Buddies

This season we're planning to pilot a new program called "Patrol Buddies". The idea of one of our young Nippers, Rachel Huxley, the program aims to bridge the gap between our young members and patrollers.

Nippers between the age of 8 and 13 will be invited to sign up to join the first hour of patrols. They'll help with setting up the patrol, learning where to place the flags, running through equipment checks, checking the beach, performing checks of first aid equipment and meeting and greeting visitors to the beach. Depending on conditions they may even have a chance to try out the rescue boards with one of the patrollers.

We're planning to start rolling out the program in December and will keep you posted. In the meantime, we need patrollers over the age of 18 to get their Working With Children Check so we can run it smoothly.

## Working with Children Check

All NSW Surf Life Saving (SLS) Club members and employees (over the age of 18 years) require a WWCC if they have a child-related role. The online application is a quick process - it takes only a couple of minutes. Once you complete the application and obtain your number you just need to take your application number and proof of identity to a NSW Motor Registry, Government Access Centre or Service NSW Office. The application can be found at: <https://wwwcheck.cyp.nsw.gov.au/Applicant/Application#>



## Thank you to Bermagui Cellars

A special thanks goes to Michael and Fran Trenergy and the whole team at Bermagui Cellars for their generous donation of a fridge to be used for functions at the Club.

We are grateful for the amazing support we receive from so many businesses in the community. It would be great if all of our members could give Mick & Fran a big thanks if you happen to drop by their store.

## A Piece of History

At the Bermagui Surf Club Carnival held on 1st February 1953, the beach relay event was won by Tathra SLSC. One of the members of that winning team was John Millard, now 80 and still living in Tathra. Recently John rediscovered the trophy, the O'Donnell and MacKenzie Cup, and decided to polish it up and donate it back to the Bermagui Club in the hope that it can be put to a better use than gathering dust at his place.

The photo below shows John handing over the cup to long-time friend and current Bermagui patroller, Graham Day.



We have plans for a trophy cabinet in the Club House so the O'Donnell and MacKenzie Cup will have a new home!

## Good Sports Program

Bermagui SLSC is proud to have Level Accreditation under the Good Sports Program.

Good Sports is a national accreditation program of the Australian Drug Foundation

(ADF) which works to make community sporting clubs healthy, safe and family friendly environments. There are more than 5,700 community sporting clubs involved around Australia, reaching an estimated 1.5 million people.

For over 12 years Good Sports has supported sporting clubs to reduce alcohol and tobacco-related harms within the club and the wider community. It also now addresses nutrition and mental health through its Good Sports Healthy Eating and Good Sports Healthy Minds programs.

Through Good Sports, clubs work through three levels of accreditation that identify a range of areas in which they can improve practices including alcohol and tobacco management, safe transport and alternative fundraising strategies.

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To submit information and/or photos for an upcoming newsletter email Cheryl at [bermisurfclub@gmail.com](mailto:bermisurfclub@gmail.com)

1. Margaret River, W.A. 2. Niantic. 3. Caustic Soda. 4. Aardark. 5. Christopher Pyne. 6. Nick Xenophon Team. 7. Harpsicord or Piano.

Quiz Answers